MEET THE Meat

Lamb Bhuna Boneless meat cooked with whole spices	£13.00
Lamb Kadhai Lamb cooked with onions & peppers	£13.00
Lamb Methi Lamb cooked with fenugreek leaves	£13.00
Lamb Korma Some like it mild	£13.00
Kheema Matar Minced lamb curry cooked with green peas	£12.00
Chilli Garlic Lamb Tender lamb pieces cooked in a delicious chilli garlic curry sauce	£13.00

FLYING Chicken	
Egg Methi Curry Egg curry cooked with fenugreek leaves	£11.00
Murgh Makhani Butter Chicken	£12.00
Murgh Curry Kheema Tari A street speciality- chicken curry in a mutton mince gravy	£13.00
Murgh Korma A royal treat with slow cooked chicken tenders in a creamy sauce	£12.00
Murgh Methi Chicken simmered in a fenugreek curry	£12.00
Murg Jalfrazie Loved by all	£12.00
Murgh Saagwala Chicken tikka pieces cooked with spinach puree	£12.00
Chicken Vindaloo Some like it hot !	£12.00
Chicken Tikka Masala Nations favourite	£12.00
Chilli Garlic Chicken Boneless chicken pieces cooked in a delicious chilli garlic curry sauce	£12.00
Chicken Curry	£11.00
Chicken Curry on the Bone Fridays & Saturdays only	£10.00

Bread Basket

Bharvan Kulcha Tandoor baked bread with stuffing of masala onions / cottage cheese	£4.50
Roti	£4.00
Naan	£4.00
Tandoori Paratha	£4.00
Garlic Naan	£4.50
Peshwari Naan	£4.50
Chilli Naan	£4.50
Cheese Naan	£4.50
Cheese & Chilli Naan	£4.50
Chilli & Garlic Naan	£4.50
Kheema Kulcha Bread stuffed with minced meat	£5.00

THE ESSENCE OF Basmati

Vegetable Masala Pulao	£5.50
Pulao Rice	£5.00
Boiled Rice	£4.00
Garlic Rice	£5.00
Egg Fried rice	£5.00
Mushroom Pulao	£5.00

Dum Biryani

Biryani is prepared by layering parboiled basmati rice, marinated meat, chicken or vegetables with fried onions, fresh herbs & saffron water, served with raita

Chicken	£15.00
Lamb	£16.00
Paneer & Vegetable	£14.00
Indiana Mixed	£17.00
Seafood	£16.00

Accompaniments

Fresh Green Salad	£3.00
Red Onion, Chilli, Lemon Salad	£2.00
Cucumber Raita	£3.00
Side of Sauce	£5.00
Tikka masala, korma, vindaloo, curry	

FOOD ALLERGIES AND INTOLERENCES If you have any concerns regarding allergens/intolerences please inform us when placing your order



The Plana Restaurant

MENU

Pre	Sta	arte	rs

Papadom Basket	£3.95
Two papadoms served with mint, mango, spicy chutneys & onion relish	
Single Papadom	£1.20
Bowl of Chutney	£1.00
TOUNGUE Ticklers	

Samosa Chaat£5.00Vegetable samosa topped with chopped onions, sweetened yogurt,
tamarind & coriander chutneys garnished with savoury noodles£5.00Dahi Poori Chaat£5.00Hollow savoury shells filled with potatoes blended with mixed spices£5.00

topped with chutheys, sweetened goguit & savoury hoodles	
Aloo Papdi Chaat	£5.0
Boiled potatoes on a fried cracker topped with chutneys & savoury noo	dles

Cravers

Rustic Fries	£3.95
Masala Rustic Fries	£4.95
Cheesy Rustic Fries	£4.95
Cheesy Masala Rustic Fries	£5.95
Sweet Potato Fries	£5.95

CLASSIC Starters

Pyaaz ke Bhajiya Onion bhaji as we call it here	£6.00
Vegetable Samosa A classic samosa with a crispy, flaky wrapper spiced with carom seed & a delicious stuffing of potatoes and peas.	£6.00 ds,
Chilli Paneer An Indo Chinese delicacy	£8.00
Harra Bharra Tikki Patties made with spinach	£6.00
Mogo of your choice Cassava chips served to your choice plain, black pepper, indo-chine	£7.00
Karari Bhindi A decent crunch of ladies fingers between your teeth	£7.50
Machchi Amritsari Fish slices in a lemon chilli marinade, deep fried	£11.00
Masala Fish Fish marinated in chefs own masala sauce, pan fried	£12.00
Chilli Garlic Prawn King prawns sautéed in a garlic & chilli sauce	£12.50
Chilli Chicken An Indo Chinese delicacy from Mumbai	£9.00
Lamb Samosa Triangular shaped snack filled with minced lamb blended with Indian	£6.00 spices
Soya Chilli Soya chunks tossed in an indo-chinese sauce tossed with peppers & d	£8.00 onions
Vegeterian Platter (for two persons) Onion bhajiya, hara bhara tikki, vegetable samosa, chilli paneer, mas	£16.00 ala mogo

Tandoori Tikkas & Kebabs

Paneer Tikka Zaafrani Cottage cheese pieces cooked in the tandoor with a touch of saffron	£10.00
Achari Jheenga King prawns dipped in a traditional pickle marinade & grilled in the t	£15.00 andoor
Salmon Tikka Salmon pieces in a lightly spiced marinade cooked in the tandoor	£13.00
Seekh Kabab Minced lamb rolls	£9.00
Lamb Chops Succulent lamb chops marinated & cooked in the tandoor	£13.00
Chicken Tikka The good old favourite	£9.00
Murgh Malai Tikka Creamy, cheesy chicken tikka	£9.00
Banjara Tikka A spicy version of chicken tikka	£9.00
Hariyali Tikka Chicken pieces marinated with spinach, mint & tandoori spices	£9.00
Pahadi Kebab A twist to the regular chicken tikka. Chicken tikka pieces in a beetroo	£9.00 ot marinade
Tandoori Chicken Wings Marinated chicken wings, cooked in the tandoor	£8.00
Tandoori Soya Chaap Soya chops marinated & cooked in the tandoor	£9.00
Gilafi Seekh Kebab Succulent chicken mince kebabs garnished with peppers cooked in t	£9.00 the tandoor
Mix Grill (for one person) Chicken tikka, seekh kebab, lamb chop, chicken wings	£10.00
Mix Grill (for two persons) Chicken tikka, seekh kebab, lamb chops, chicken wings	£19.00



Bombay Al A potato curry la

Mushroom & pe

Bhindi Mas Country style pro

Baingan Bh Tandoor cooked

Subz Kolha A spicy mix vege

Paneer Ma Cottage cheese

Kadhai Par Cottage cheese

Methi Pane Cottage cheese

Paneer Pal Spinach puree c

Dal Makha A lentil delicacy

Dal Tadka Lentils tempered

Chana Mas The ever so popu

Soya Mata Soya chunks & gi

Soya Kheer Lentils tempered

Cottage cheese

Mahi Curry Fish curry cooke

Meen Moile A fish curry from tamarind paster

King Prawn A spicy king praw

Chilli Garlic King prawns coo

FAVOURITE Curries

Vegetarian

loo oved by all	£9.00
Mutter Hara Pyaaz as curry finished with green onions	£10.00
sala reparation of okra cooked with whole spices	£10.50
harta I mashed aubergines sautéed with mixed Indian spic	£9.50
ipuri etable delicacy from Kolhapur	£ 9.50
I khani Kasoori in a tomato velvety gravy, finished with dried fenug	£11.00 preek
neer cooked with coarsely grounded spices	£11.00
eer cooked with fenugreek in a mild sauce	£11.00
ak ooked with cottage cheese	£11.00
ı ni from North India	£9.00
d with cumin, red chilli & garlic	£8.00
sala ular chic pea curry	£8.00
I F green peas cooked in a medium spiced sauce	£9.50
ma d with cumin, red chilli & garlic	£9.50
c Paneer cooked in a delicious chilli garlic curry sauce	£11.00

DO YOU Sea Food

J	£12.00
ed in a onion & tomato sauce with mixed spices	
ee	£14.00
n the coastal regions of India, cooked in a garlic chilli & finished with coconut milk. Best enjoyed with boiled ri	
n Masala wn masala	£15.00
c Prawns	£15.00
c FIGWIIS oked in delicious chilli garlic curry sauce	£15.00
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